



# HORSE SENSE

December, 2004



*Happy Holidays*

*from  
Chris*

*Brandon, Harry,  
Brighty, Galico, Rio, Sierra  
Shasta and Vic*



Session 3 Classes will begin the week of January 2<sup>nd</sup>

### *Thank You for Your Support*

*Albertsons Shoppers, Gary and JoAnn Arney, Barb Bell, Boeing ECF, Breakfast Bowlers, Central Arizona Riding Academy/Dorie and Uli Schmitz, Stacey and Zack Elizondo, Sally Fosnight, Patricia Harrington, Chris and Ed Ratcliff, United Way, Mayo and Ed Voss, The Watkins Family, We Equis*

### **Tax Deductions -**

Now is the time to tally up your mileage in coming and going from our classes. You can take a cents-per-mile deduction. Check with your tax preparer for the exact amount you can deduct.

AND ask companies and people you know if they are looking to make a tax deduction before the end of the year and do not have an organization in mind - we can fix that. Have them give us a call.

### **BOARD OF DIRECTORS**

President - Chris Hudson  
Vice President - Nyra Vasquez  
Secretary/Treasurer - Craig Hudson

# MAKE A DIFFERENCE - FUNDRAISING CORNER

Whether you see us weekly, or simply enjoy keeping in touch with our newsletters, YOU CAN HELP. Stable Influence riders only pay a portion of what it costs to participate in our riding program. We depend on donations to make up the rest. We fill in the holes by doing fundraisers, such as the concession stands and breakfast bowling. Folks help by participating in fundraising programs. Some are listed below. Your help keeps the cost to our riders down.

## iGive.Com

For your holiday shopping - Do you shop on line ?? If you buy ANYTHING on line from ANY STORE, such as - Expedia, E-Bay, Sears, Dalton Books, Barnes & Noble, PetsMart, Old Navy - and up to 570 other stores, shop through iGive.com - an on-line mall. The stores at iGive send us a percentage of everything that is purchased. The price is the same whether you shop directly through the store's .com or through iGive.com. So, use convenient on-line shopping through iGive.com and support Stable Influence at the same time. Log on at:

<http://www.iGive.com/html/refer.cfm?memberid=236967&causeid=17372>

and give while you shop.

**Bashas Thanks a Million** - will give us 1% on every purchase you make through March 30, 2005. Just give the clerk our number - 28962 - when you show your Bashas card and support Stable Influence every time you buy groceries.

**United Way Campaign** will donation to us. List Stable Influence as your choice for donations. United Way sends us your entire donation less a small handling fee. Designate Stable Influence Charity Programs, #1195 as your choice on the Pledge Card.

**Albertson's Community Partners Program** continues to donate every quarter. Almost \$6,000 since August 1998. So, shop at Albertson's, have the clerk swipe our card 1 time or simply give our number 49000108936 and a percentage of your purchase comes to Stable Influence. ACME, Jewel-Osco, Savon, Supersaver Foods, Shaws and of course Albertsons stores all participate. Spread the word. **AND this works all over the country so send the info to your family and friends out of town** and they can help us whenever they shop. Thank you Albertson's shoppers.

**Arizona Federal Credit Union Community Partners** - for members of the Credit Union who volunteer their time or support a volunteer (spouse and family qualify), the Credit Union gives us \$50 for each person who donates 25 hours of volunteer time.

## SPECIAL PROJECTS - or HELP - HELP - HELP IF YOU PLEASE -

To better serve our clients, we are raising funding to purchase a 4-horse trailer and a truck to pull it. Your tax deductible donation or assistance in creating a fundraising event to help us achieve our goals are greatly needed and appreciated. We've also had a major increase in gas/diesel costs since prices went up AND we are hauling a horse to Chandler every week now. Another increase we have is Brandon's board in Chandler was increased \$120 per month. Funding is needed to defer some of these costs or we will have to raise our rider fees. All ideas are welcome.

### Parents - Special Volunteer Opportunities -

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Horse Show Committee - let our riders shine. Help from parents and volunteers is needed in organization and running this special event. This will be our sixth horse show - your help will make it the best yet.  
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Golf Tournament in September - Help to organize and acquire prizes is needed. Mo Barton 480-538-1740 has agreed to head the committee. Give her a call and let's get the ball rolling for a wonderful event.

Without your help we will not be able to have these special events. Your help and expertise are essential.

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## Talking to Barb Bell - by Patricia Harrington

Patricia had a chance to visit with Barb Bell on the train ride between Durango and Silverton, Colorado, this past September. She is Chris Hudson's right hand in the program at CARA in Chandler.

I started riding when I was 15 outside Montreal, Canada. My first riding teacher was from France and we rode Thoroughbreds green from the track. That taught me to stay in the middle of the saddle going around corners. I set the school record for falling off at the sitting trot.

I first met the people at Stable Influence when I was walking around CARA while my daughter was taking lessons from Tim Tomkinson. So when I saw the ad in the Pennysaver, I phoned and was told they didn't need any more volunteers at the time.

When I tried again a year later, Chris said, "Sure." I arrived at CARA just in time to see Bobo running down the track between the rings after someone started the weed whacker and Bobo lost his rider. I stopped him and Chris set me to work leading horses.

When I started giving people pointers, Chris said, "Why don't you become an instructor?" That started a long process. I studied the national association rules and regulations, information on medical conditions, and made sure I could ride at the intermediate level.

Since 2003 was the last year you could send in the exam on video, that was my target for finishing. I've already passed the written exam and will be sending in my video on that, I ride a training level test and teach a class of two students for half an hour.

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FIND THESE WORDS AND DRAW A CIRCLE AROUND THEM -

CALICO	W	H	A	R	C	L
HARRY						
YOU	C	A	L	I	C	O
MOM						
RIO	A	R	L	O	N	G
LOGS						
CALL	L	R	T	K	M	S
LONG						
TOP	L	Y	O	U	O	N
WALK ON						
	B	S	P	Z	M	N

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## DIRECTOR'S THOUGHTS

All of us at Stable Influence wish you have a happy and safe holiday season.

Our Seventh Ride Year began this last August. Riders again rode during August and our September classes began even though it was still very hot.

Fundraisers: This Fall the only fund raiser was Breakfast Bowling which brought in \$613. Thank you every one who helped make this event successful. I deeply appreciate all your efforts. In February-March 2005 we will be doing a 2-weekend concession stand at CARA. We WILL have a golf tournament in September. Please call Mo Barton to join the committee and make this event very successful.

Donations - Donors in the last several months include: Albertsons Shoppers, Boeing ECF, United Way Participants. Thank you to the Watkins family for supporting Calico and Patricia Harrington for supporting Victorio and Brighty. Thank you ALL who are listed in our Donations Section - we and our riders truly appreciate your generous gifts.

Horses - In Chandler - Brandon loves being in a show barn and even gets to jump with Tim's students. Rio helps out on Mondays. Along with Harry and Brandon all are doing their jobs with enthusiasm. Our other horses, Brighty, Calico, Sierra and Victorio are working in Peoria, N. Phoenix and New River as needed.

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### Cooking with Kids

Caramel Apple dip is perfect for fall/winter. Here, peanut butter gives it a protein boost as well as a boost in flavor.

#### Fuji or Granny Smith Apples and Peanut-Buttery Caramel Dip

**How can kids help?** Unwrap caramel candies and place in bowl, count and soak apple slices, stir in cinnamon, arrange apples and dip on tray.

#### Ingredients:

24 wrapped caramel candies - about half a 14-ounce bag  
2 Tablespoons creamy peanut butter  
1 cup plus 1 tablespoon water  
Pinch cinnamon  
2 Apples - Fuji or Granny Smith  
2 Tablespoons freshly squeezed lemon juice

**Step 1** Unwrap candies. Place in a microwave-safe bowl with peanut butter and 1 tablespoon water. Microwave on high 2 minutes, stir, and microwave another 20 seconds or so if not thoroughly melted. Stir in cinnamon.

**Step 2** Cut apples into quarters and remove seeds. Cut each quarter in half to make 16 slices total. Combine lemon juice and 1 cup water in a medium bowl. Add apple slices and soak (to keep them from turning brown). Drain.

**Step 3** Arrange drained apple slices on a tray with the bowl of caramel dip. Serve.

--- cut and take when you shop ---

### COMMUNITY PARTNERS NUMBERS

Renew now at your favorite store

ALBERTSON'S 49000108936

BASHAS' 28962

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REMEMBER - IF YOU SHOP ON LINE

NO MATTER WHAT STORE

SHOP THROUGH [iGive.com](http://iGive.com) on-line mall

where the stores give Stable Influence

a portion of what you buy

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## Mark Your Calendar - 2004 to 2005

December 11	Horse Handling Clinic - New River - \$60
December 25	Session 2 Break - Merry Christmas - No Class until week of January 2
January	Horse Show and Golf Tournament Committee Meetings to be determined
January 2	Session 3 Classes Begin
January 8	Horse Handling Clinic - New River - \$60
February 5	Horse Handling Clinic - New River - \$60
February 13-19	Session 3 Break
February 20	Session 4 Classes Begin
February 29-March 1	Grand Canyon Games Concession Stand
March 5-6	CARA Spring Fling Show Concession Stand
March 12	Horse Handling Clinic - New River - \$60
April 3-9	Session 4 Break - DEPENDING ON WHEN HORSE SHOW IS - MAY CHANGE
April 10	Session 5 Classes Begin
April	Fifth Annual Stable Influence Horse Show - Class and Division Sponsorships available
May 29-June 4	Session 5 Break
June 5	Session 6 Classes Begin - 8 Week Summer Session
September	Golf Tournament

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### PROGRAM LOCATIONS - Class Cell Phone - 623-229-4221

**Chandler:** Central Arizona Riding Academy - 716 N. McQueen Road

**NE Phoenix/Scottsdale/Cave Creek:** SICP South, 38<sup>th</sup> Street north of Greenway

**Peoria:** We Equis, 78<sup>th</sup> Avenue South of Deer Valley Road

**New River:** Stable Influence - Located near Shangra La Lane and New River Road

**RIDER AND VOLUNTEER INFORMATION** - for Scheduling or Paperwork - call Chris at 623-465-0637

*Yes, I want to Help Stable Influence*

**YOU** can play a major role in the continued success of SICP through your tax deductible contribution. **THANK YOU**, your support makes a **CRITICAL DIFFERENCE**. Helping in any way guarantees we will keep you informed about therapeutic riding events.

**Sponsorship:**

- \_\_\_\_\_ \$10 - Newsletter Sponsor
- \_\_\_\_\_ \$25-\$199 - Friend of Stable Influence
- \_\_\_\_\_ \$200 - \$499 - Supporter of Stable Influence
- \_\_\_\_\_ \$100 - ??? - Equipment Sponsor
- \_\_\_\_\_ \$\_\_\_\_\_ Other Donation
- \_\_\_\_\_ \$1,500 - Insurance Sponsor
- \_\_\_\_\_ \$\_\_\_\_\_ A monthly pledge contribution
- \_\_\_\_\_ \$50 - ??? Horse Trailer Sponsor

**Sponsorships for a Person with a Disability:**

- \_\_\_\_\_ \$240 - Six Week Riding Session
- \_\_\_\_\_ \$1,600 - 40 Week Riding Session

**Other:**

- \_\_\_\_\_ \$150 - Adopt a Horse for a Month
- \_\_\_\_\_ \$1,800 - Adopt a Horse for a Year New River
- \_\_\_\_\_ \$20 - Horse Show Class Sponsor
- \_\_\_\_\_ \$60 - Horse Show Division Sponsor

Please mail your contribution to:

Stable Influence Charity Programs, P. O. Box 54006, Phoenix, AZ 85078-4006

***STABLE INFLUENCE Charity Programs***

*P. O. Box 54006*

*Phoenix, AZ 85078-4006*

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